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compound it is defined variously by different authors macdonell gives the etymology as prana prāṇa breath āyāma and defines it as the suspension of breath 1 monier williams defined pranayama in terms of the elements of kumbhaka breath retention 2

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web prana is taken in through the air we breathe and since the pranayama exercises increase the amount of air we take in they also increase our intake of prana for all pranayama except kapalabhati the breath is slow and steady breathed in and out of the nose and down into the belly

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web i know if you have a constant voltage increasing the resistance decreases the current flowing in the system by ohm s law and hence decreases the power consumption however if you have a constant current source increasing the resistance increases the voltage dropped across the resistor and hence increases the power consumption

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